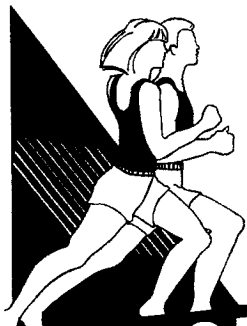


# ALL AGES SUMMER TRACK SERIES



Bridge of Flowers  
2006

**MONDAY NIGHTS  
IN JULY & AUGUST!**

JULY 10, 17, 24, 31 • AUG. 7, 14

MOHAWK TRAIL REGIONAL HIGH SCHOOL  
Route 112, BUCKLAND, MA

**RUBBERIZED 8 LANE TRACK!**

sanctioned by



Cross Country Race each week at 5:45 (for adults & teens)  
Featured Events 7:00 pm each evening, prizes for top male & female  
Week 1- Cross Country • Week 2- 400 Meter • Week 3- Mile  
Week 4- 800 Meter • Week 5- Discus • Week 6- Cross Country

## Registrations start at 5:00pm - Events start at 5:30

here is the approximate time for each event...listed by age group

4 & Under	5-7	8-10	11-13	14-16	Adult 17 & up
5:30 100 meter	5:30 100 meter dash	5:30 Long jump	5:30 Long jump	5:30 Discus	5:50 Discus
5:50 Ball Throw	5:50 Obs. course	5:50 200 meter	5:50 200 meter	5:50 Long jump	6:10 200 meter dash
6:10 Obs. course	6:10 Ball throw	6:10 Ball Throw	6:10 Discus	6:10 200 meter dash	6:30 Shot
6:30 50 meter	6:30 50 meter dash	6:30 100 meter dash	6:30 100 meter	6:30 Shot put	6:50 100 meter
		6:50 Mile	6:50 Shot put	6:50 100 meter	7:10 L jump
			7:10 Mile	7:10 Mile	7:30 400 meter
					7:45 Mile

**REGISTER ONLY 1 TIME...Keep Your SAME NUMBER For Use Each Week!**

**PAY \$15 FOR THE WHOLE SEASON -YOU GET ONE MEET FREE!**

## REGISTRATION FORM

COMPLETE THIS  
FORM AT HOME &  
BRING  
TO THE MEET  
WITH ENTRY FEE!

Name of Competitor: \_\_\_\_\_

Age \_\_\_\_\_  Male  Female School: \_\_\_\_\_

ENTER THIS WEEK ONLY \$3.00

ENTER FOR THE SEASON - \$15.00 (get one week free, household of 4 or more-\$50 season)

Parent or Responsible Adult Signature: \_\_\_\_\_ (required for participants under 18 years of age)

I take full responsibility for any injury suffered by the above-named minor and agree to hold harmless the sponsors of this meet, including the track officials, Mohawk High School, organizers & Bridge of Flowers Society.

(Date) \_\_\_\_\_

(parent or responsible Adult Signature) \_\_\_\_\_

Persons 18 & OVER Sign Here

I am competing in these track meets of my own free will. I understand that there are risks in athletic competition, including injury & death. I take full responsibility for any injury I may suffer in this track meet & I agree to hold harmless the sponsors of this meet, including track officials, MTRHS & meet organizers.

(Date) \_\_\_\_\_ (Your Signature) \_\_\_\_\_

• **REMEMBER: You Can Pick Up Your BRIDGE OF FLOWERS ROAD RACE APPLICATIONS at The Meet.**

• **REMEMBER: The track meet only accepts 1/8" spikes. Warm ups restricted to the 3 outside lanes of the track!**

The Mohawk Trail Regional School District only approves the distribution of these materials and does not endorse these programs or assume any liability for programs contained herein.